**Lara Sharawi**

Specialist, Employee Experience

Hometown: Poughkeepsie, NY

Favorite genre of music: Pop, Country and Oldies

Professional book recommendation: *Give and Take* by Adam Grant

Three adjectives that best describe her: Witty, Determined and Passionate

Lara is a Human Resources professional who specializes in building world class employee experiences. Lara joined Northwell Health in July 2019. She has over 8 years of experience working in Human Resources, and takes great pride in helping to make the companies she works for a great place to work. Lara’s HR experience include Compensation, Employee Relations, Talent Management and Employee Engagement. Here at Northwell, Lara organizes and executes employee events and programs, promotes team member recognition and fosters company pride. Most notably, she worked alongside the Northwell Health Physician Partners administration team to introduce the inaugural Truly Awards program this past year.

When she’s not working to change the world, one event at a time, you can find her curled up on the couch with a good book, hanging out with friends and family or binging the latest in true crime documentaries and podcasts. Lara has recently become a proud dog mom to her King Charles Cavalier Spaniel, Chandler. It goes without saying, she is also a fan of the sitcom *Friends*. Her hobbies also include interior design, scrapbooking, vision boarding and cleaning (yes, you read that right).

Lara is a self-proclaimed culture champion, experience enthusiast and habitual optimist.